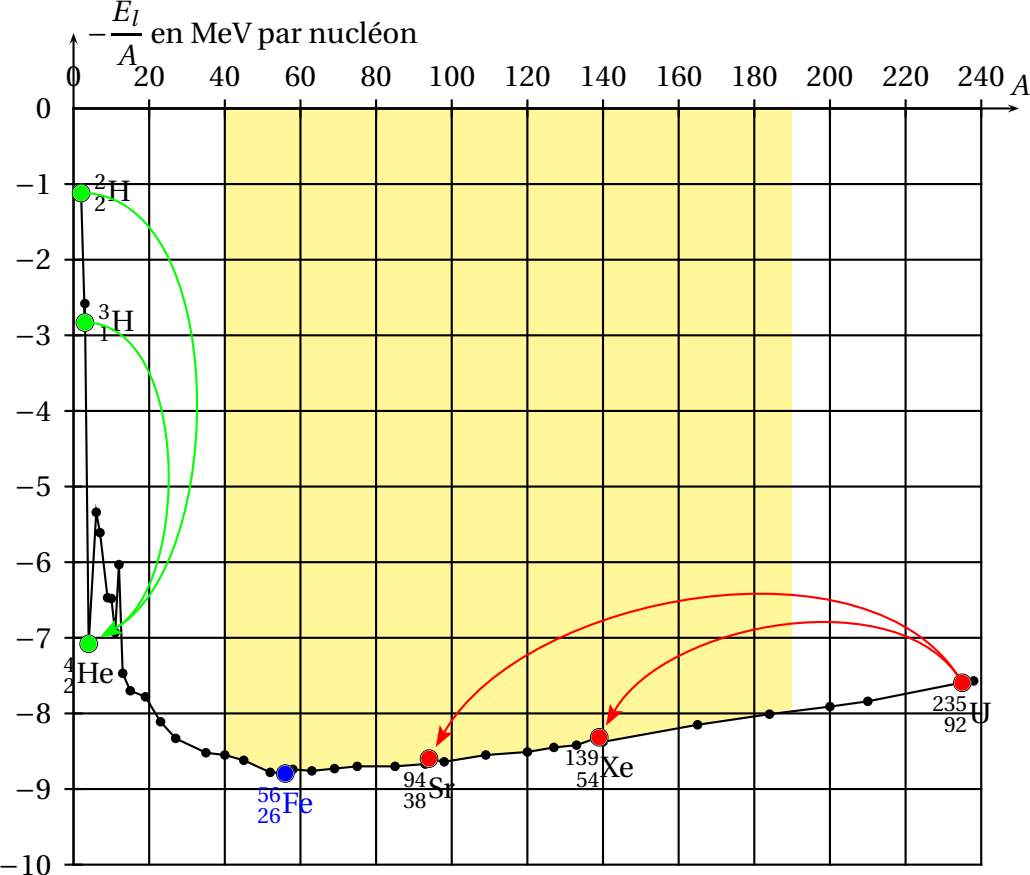
$-\frac{E_l}{A}$ en MeV par nucléon
A
0
20
40
60
80
100
120
140
160
180
200
220
240
0
−1
−2
−3
−4
−5
−6
−7
−8
−9
−10
$^{2}_{2}$H
$^{3}_{1}$H
$^{4}_{2}$He
$^{56}_{26}$Fe
$^{94}_{38}$Sr
$^{139}_{54}$Xe
$^{235}_{92}$U